Pimms Cup

Joy Bauer www.today.com

1 1/2 to 2 ounces Pimm's #1 liqueur
1 tablespoon freshly squeezed lemon juice
1 cup lemon-flavored sparkling water or seltzer
1 teaspoon honey
1/4 teaspoon grated ginger root (optional) sliced cucumbers, lemon, strawberries and mint leaves (for garnish)

In a highball (tall) glass, add the Pimm's #1 liqueur, lemon juice and honey. Give it a thorough stir to combine the honey.

Add in the optional ginger root, if using, then stir again.

Add a generous handful of ice cubes. Top it off with the lemon-flavored sparkling water or seltzer water.

Garnish with cucumber, lemon, strawberries and mint before serving.

Per Serving (excluding unknown items): 21 Calories; 0g Fat (0.0% calories from fat); trace Protein; 6g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; trace Sodium. Exchanges: 1/2 Other Carbohydrates.