## **Poinsettia**

Publix Liquors

Servings: 1

1/2 ounce orange liqueur 3 ounces cranberry juice Champagne Pour the orange liqueur and cranberry juice in a chilled champagne flute and stir.

Top the rest of the way with Champagne.

Per Serving (excluding unknown items): 93 Calories; trace Fat (1.1% calories from fat); 0g Protein; 16g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 2mg Sodium. Exchanges: 1 Fruit.

Beverages

## Dar Carrina Mutritional Analysis

Calories (kcal):	93	Vitamin B6 (mg):	trace
% Calories from Fat:	1.1%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	98.9%	Thiamin B1 (mg):	trace
% Calories from Protein:	0.0%	Riboflavin B2 (mg):	trace
Total Fat (g):	trace	Folacin (mcg):	trace
Saturated Fat (g):	trace	Niacin (mg):	trace
Monounsaturated Fat (g):	trace	Caffeine (mg):	0mg 44
Polyunsaturated Fat (g):	trace	Alcohol (kcal):	0 0%
Cholesterol (mg):	0mg		
Carbohydrate (g):	16g	Food Exchanges	
Dietary Fiber (g):	trace	Grain (Starch):	0
Protein (g):	0g	Lean Meat:	0
Sodium (mg):	2mg	Vegetable:	0
Potassium (mg):	15mg	Fruit:	1
Calcium (mg):	3mg	Non-Fat Milk:	0
Iron (mg):	trace	Fat:	0
Zinc (mg):	trace	Other Carbohydrates:	0
Vitamin C (mg):	30mg		
Vitamin A (i.u.):	3IU		
Vitamin A (r.e.):	0RE		

## **Nutrition Facts**

Servings per Recipe: 1

Amount Per Serving			
Calories 93	Calories from Fat: 1		
	% Daily Values		
Total Fat trace	0%		
Saturated Fat trace	0%		
Cholesterol 0mg	0%		
Sodium 2mg	0%		
<b>Total Carbohydrates</b> 16g	5%		
Dietary Fiber trace	0%		
Protein 0g			
Vitamin A	0%		
Vitamin C	50%		
Calcium	0%		
Iron	1%		

<sup>\*</sup> Percent Daily Values are based on a 2000 calorie diet.