Rum Revival

Alison Ladman - Associated Press Palm Beach Post

Servings: 1

ounce Cuban-style rum
ounce orange liqueur
ounce lemon juice
ounce Lillet Blanc
orange or lemon twist

In a cocktail shaker filled with ice, combine the rum, orange liqueur, lemon juice and Lillet Blanc.

Shake until well chilled, then strain into a cocktail glass.

Garnish with an orange or lemon twist.

Per Serving (excluding unknown items): 95 Calories; 0g Fat (0.0% calories from fat); trace Protein; 10g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; trace Sodium. Exchanges: 0 Fruit.

Beverages

Dar Camina Nutritianal Analysia

Calories (kcal):	95	Vitamin B6 (mg):	trace
% Calories from Fat:	0.0%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	99.0%	Thiamin B1 (mg):	trace
% Calories from Protein:	1.0%	Riboflavin B2 (mg):	trace
Total Fat (g):	0g	Folacin (mcg):	4mcg
Saturated Fat (g):	0g	Niacin (mg):	trace
Monounsaturated Fat (g):	0g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	0g	Alcohol (kcal):	88
Cholesterol (mg):	Omg	% Dofuso	በ በ%
Carbohydrate (g):	10g	Food Exchanges	
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Dietary Fiber (g):	trace	Grain (Starch):	0
Dietary Fiber (g): Protein (g):	trace trace	Grain (Starch): Lean Meat:	0 0
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Protein (g):	trace	Lean Meat:	0
Protein (g): Sodium (mg):	trace trace 35mg	Lean Meat: Vegetable:	0
Protein (g): Sodium (mg): Potassium (mg):	trace trace	Lean Meat: Vegetable: Fruit:	0 0 0

Zinc (mg):	trace
Vitamin C (mg):	13mg
Vitamin A (i.u.):	6IU
Vitamin A (r.e.):	1/2RE

Nutrition Facts

Servings per Recipe: 1

Amount Per Serving

Calories 95	Calories from Fat: 0
	% Daily Values
Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol Omg	0%
Sodium trace	0%
Total Carbohydrates 10g	3%
Dietary Fiber trace Protein trace	0%
Vitamin A	0%
Vitamin C	22%
Calcium	0%
Iron	0%

* Percent Daily Values are based on a 2000 calorie diet.

Other Carbohydrates: