Beverage

Lime Simple Syrup

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Preparation Time: 10 minutes

Start to Finish Time: 1 hour 10 minutes

1 cup sugar 1/2 cup water 1 tablespoon lime zest 1/2 cup fresh lime juice

In a small saucepan over medium heat, cook the sugar and water, stirring constantly, for 3 minutes or until the sugar is dissolved.

Remove from heat.

Stir in the lime zest and lime juice.

Cover and chill for 1 hour.

Yield: 1 1/2 cups

Per Serving (excluding unknown items): 811 Calories; trace Fat (0.1% calories from fat); 1g Protein; 212g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 7mg Sodium. Exchanges: 1 Fruit; 13 1/2 Other Carbohydrates.