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# French Chocolate

*Home Cookin - Junior League of Wichita Falls, TX - 1976*

Servings: 8

**3 squares bitter chocolate**

**1/2 cup cold water**

**pinch salt**

**2/3 cup sugar**

**1 cup cream, whipped**

**hot milk**

In a saucepan, combine the chocolate and water. Cook for four minutes over very low heat, stirring constantly.

Add the sugar and salt. Return to the heat. Cook for 4 minutes more.

Cool and fold in the cream.

Place a heaping teaspoon mixture in a cup and fill with hot milk.

## **Beverages**

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*Per Serving (excluding unknown items): 192 Calories; 13g Fat (57.3% calories from fat); 2g Protein; 21g Carbohydrate; 2g Dietary Fiber; 26mg Cholesterol; 13mg Sodium. Exchanges: 0 Grain(Starch); 0 Lean Meat; 2 1/2 Fat; 1 Other Carbohydrates.*