## Witchy Woman

Yhang Quintero - Wildcrafters, Jacksonville, FL Food Network Magazine - July/August 2021

Servings: 1 Preparation Time: 20 minutes Start to Finish Time: 20 minutes

FOR THE BLUEBERRY-SAGE SYRUP 1 cup sugar 3/4 cup water 1/2 cup blueberries 1/2 cup sage leaves FOR THE DRINK 2 ounces distilled nonalcoholic spirits (such as Ritual Zero-Proof Tequila Alternative) 3/4 ounce Lyre's Orange Sec 1/2 ounce fresh lime juice 4 dashes orange bitters Merlot salt (for garnish) edible flower, dehydrated lime wheel and/or sage (for garnish)

Make the blueberry-sage syrup: In a medium saucepan over medium-high heat, combine the sugar, water and blueberries. Bring to a simmer, stirring. Muddle the berries well, mashing them in the pan. Add the sage. Simmer for 2 to 3 minutes. Let cool for 10 minutes, then strain through a fine-mesh sieve, pressing on the solids.

Refrigerate until cooled, about one hour.

Make the drink: In a cocktail shaker with ice, combine the spirits, orange sec, lime juice, bitters and 3/4 ounce of the blueberry-sage syrup. Shake well.

Strain the drink into a rocks glass (either rim the glass with Merlot salt or sprinkle some on top for garnish). Add ice.

Garnish with a flower, lime wheel or sage leaf.

## **Beverages**

Per Serving (excluding unknown items): 818 Calories; trace Fat (0.3% calories from fat); 1g Protein; 211g Carbohydrate; 2g Dietary Fiber; 0mg Cholesterol; 12mg Sodium. Exchanges: 1/2 Fruit; 13 1/2 Other Carbohydrates.