
Citrus-Peach Mocktail Punch

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Servings: 12

Start to Finish Time: 10 minutes

1 lime, sliced thinly

1 lemon, sliced thinly

1 orange, sliced thinly

1 cup frozen or fresh peach slices

1 cup seedless grapes

1/2 cup orange juice

3/4 cup peach nectar

1 bottle (750 ml) sparkling white grape juice

In a pitcher (or punch bowl) combine the citrus slices, peaches, grapes, orange juice, peach nectar and the grape juice.

Ladle the punch mixture into serving glasses. Top with ice.

Serve.

(NOTE: For an adult beverage, replace the sparkling grape juice with an equal amount of white wine.)

Beverages

Per Serving (excluding unknown items): 29 Calories; trace Fat (2.2% calories from fat); trace Protein; 8g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 3mg Sodium. Exchanges: 1/2 Fruit.