Appetizer

Deviled Eggs with Dill

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Preparation Time: 20 minutes

6 hard-cooked eggs
2 tablespoons reduced-fat mayonnaise
1 1/2 teaspoons cider vinegar
3/4 teaspoon prepared mustard
1/4 teaspoon Worcestershire sauce
1/4 teaspoon salt
dash pepper
12 fresh dill sprigs

Cut eggs in half lengthwise.

Remove yolks; set aside egg whites and four yolks (discard remaining yolks or save for another use).

In a bowl, mash the reserved yolks.

Add the mayonnaise, vinegar, mustard, Worcestershire sauce, salt and pepper. Mix well.

Stuff or pipe into egg whites.

Garnish with dill.

Refrigerate until serving.

Yield: 1 dozen

Per Serving (excluding unknown items): 550 Calories; 40g Fat (67.1% calories from fat); 38g Protein; 6g Carbohydrate; trace Dietary Fiber; 1282mg Cholesterol; 1105mg Sodium. Exchanges: 5 1/2 Lean Meat; 4 1/2 Fat; 0 Other Carbohydrates.