

Blueberry Muffins VII

Helen Adamski

Favorite Recipes - Sacred Heart School - Easthampton, MA (1984)

*1/2 cup butter
1 cup sugar
2 eggs
1 teaspoon vanilla
2 cups flour
1 1/2 teaspoons baking
powder
1/2 cup milk
1 cup berries*

In a bowl, cream the butter and sugar. Add the eggs and vanilla.

In a bowl, mix the flour and baking powder. Add the mixture to the creamed mixture alternately with the milk.

Gently fold in floured berries.

Pour into eighteen greased or paper-lined muffin cups.

Bake at 375 degrees for 20 to 25 minutes.

Per Serving (excluding unknown items): 2780 Calories; 109g Fat (35.0% calories from fat); 44g Protein; 410g Carbohydrate; 11g Dietary Fiber; 689mg Cholesterol; 1876mg Sodium. Exchanges: 12 1/2 Grain(Starch); 1 1/2 Lean Meat; 1/2 Fruit; 1/2 Non-Fat Milk; 20 Fat; 13 1/2 Other Carbohydrates.