Pickled Deviled Eggs

John Currence Parade Magazine - August 2013

Yield: 24 deviled egg halves

TO PICKLE 12 large farm eggs 3/4 cup apple cider vinegar, divided 2 1/2 cups red wine vinegar 3/4 cup white wine 2 medium shallots, sliced 4 cloves garlic, thinly sliced 2 teaspoons black peppercorns 1 teaspoon whole allspice berries 1 tablespoon red pepper flakes 2 teaspoons smoked paprika 3 dried bay leaves 2 whole cloves 1/2 cup scallions, finely chopped TO ASSEMBLE 2 tablespoons mayonnaise 1 teaspoon shallots, minced 1/2 teaspoon garlic, minced 2 teaspoons Dijon mustard 1/2 teaspoon Tabasco hot sauce 2 teaspoons freshly ground pepper 1/2 teaspoon salt 1/2 teaspoon smoked paprika 2 pinches Madras curry powder 1 teaspoon sugar 2 teaspoons fresh flat-leaf parsley, minced 2 teaspoons celery leaves, chopped 2 ounces Trout Farms trout roe 1/4 cup red onion, finely minced white pepper (for serving) 1/4 cup creme fraiche

Make the pickled eggs. Put the eggs in a saucepan and cover with water. Add 1/4 cup if the cider vinegar. Bring to a boil over high heat. Boil for 8 minutes. Meanwhile prepare a bowl of ice water. Immediately plunge the eggs into the ice water. Peel the eggs.

In a nonreactive saucepan, combine the remaining 1/2 cup apple cider vinegar, red wine vinegar, white wine, shallots, garlic, peppercorns, allspice, red pepper flakes, smoked paprika, bay leaves and cloves. Bring to a boil. Decrease the heat to medium-low and simmer for 5 minutes.

Put the cooled eggs in a nonreactive container and pour the hot brine over them. Let cool. Stir in the scallions. Let the eggs pickle, submerged in brine, at least overnight.

To assemble: Cut the pickled eggs in half lengthwise and gently scrape out the yolks into the bowl of a standard mixer fitted with a paddle attachment. Blend in the mayonnaise, shallots, garlic, mustard, Tabasco, black pepper, salt, paprika, curry powder, sugar, parsley and celery leaves. Mix until smooth.

Scoop the egg mixture into a small ziptop plastic bag and force the mixture towards a corner. Squeeze out as much air as possible and seal the bag. Snip off a small piece from that corner and pipe the mixture into the egg halves.

Top with roe, onion, white pepper and creme fraiche.

Start to Finish Time: 45 minutes

Per Serving (excluding unknown items): 768 Calories; 44g Fat (50.8% calories from fat); 8g Protein; 89g Carbohydrate; 11g Dietary Fiber; 63mg Cholesterol; 1447mg Sodium. Exchanges: 1 Grain(Starch); 0 Lean Meat; 3 Vegetable; 1/2 Fruit; 1/2 Non-Fat Milk; 6 Fat; 2 1/2 Other Carbohydrates.

Appetizers

Dar Camina Nutritianal Analysia

Calories (kcal):	768
% Calories from Fat:	50.8%
% Calories from Carbohydrates:	45.2%
% Calories from Protein:	4.0%
Total Fat (g):	44g
Saturated Fat (g):	15g
Monounsaturated Fat (g):	12g
Polyunsaturated Fat (g):	13g
Cholesterol (mg):	63mg
Carbohydrate (g):	89g
Dietary Fiber (g):	11g
Protein (g):	8g
Sodium (mg):	1447mg
Potassium (mg):	1714mg
Calcium (mg):	371mg
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Zinc (mg):	1mg
Vitamin C (mg):	43mg
Vitamin A (i.u.):	4381IU
Vitamin A (r.e.):	573 1/2RE

Nutrition	Facts
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Amount Per Serving	
Calories 768	Calories from Fat: 390
	% Daily Values*
Total Fat44gSaturated Fat15gCholesterol63mgSodium1447mgTotal Carbohydrates89gDietary Fiber11gProtein8g	68% 74% 21% 60% 30% 46%
Vitamin A Vitamin C Calcium Iron	88% 72% 37% 72%

* Percent Daily Values are based on a 2000 calorie diet.

Vitamin B6 (mg):	.6mg
Vitamin B12 (mcg):	.3mcg
Thiamin B1 (mg):	trace
Riboflavin B2 (mg):	.2mg
Folacin (mcg):	74mcg
Niacin (mg):	1mg
Caffeine (mg):	0mg
Alcohol (kcal):	120
% Dofuso	0 በ%
Food Exchanges	
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Grain (Starch):	1
- · · · · · · · · · · · · · · · · · · ·	1 0
Grain (Starch):	
Grain (Starch): Lean Meat:	0
Grain (Starch): Lean Meat: Vegetable:	0 3
Grain (Starch): Lean Meat: Vegetable: Fruit:	0 3 1/2