Spinach Quiche

Shirley Campbell
Feasting With Friends - Martin Memorial Auxiliary, Inc - 2011

1 large Stouffer's spinach souffle, thawed 2 eggs 3 tablespoons milk 2 tablespoons scallions, chopped 1 cup shredded Cheddar cheese 1 jar bacon pieces, reduced fat 1 unbaked pie shell Preheat the oven to 400 degrees.

In a bowl, mix everything together. Pour into the unbaked pie shell.

Bake for 30 to 40 minutes until it sets up and the top browns.

Per Serving (excluding unknown items): 1466 Calories; 99g Fat (61.1% calories from fat); 56g Protein; 86g Carbohydrate; 4g Dietary Fiber; 554mg Cholesterol; 2282mg Sodium. Exchanges: 5 1/2 Grain(Starch); 6 Lean Meat; 0 Vegetable; 0 Non-Fat Milk; 15 1/2 Fat.