

# Chicken Divan II

Virginia Murphy

St Timothy's - Hale Schools - Raleigh, NC - 1976

*6 large boneless/ skinless  
chicken breasts  
1 large carton sour cream  
2 cartons frozen broccoli  
1 block cheddar cheese  
1 large can cream of  
mushroom soup  
1 tablespoon lemon juice*

Preheat the oven to 350 degrees.

Boil the chicken. Break down into smaller pieces.

Cook the broccoli according to package directions.

Layer a greased casserole dish with the broccoli and then the chicken.

In a bowl, mix the soup, sour cream and lemon juice. Pour over the chicken and broccoli. Grate cheese over the casserole.

Bake until the cheese melts.

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Per Serving (excluding unknown items): 954 Calories; 86g Fat (80.0% calories from fat); 36g Protein; 13g Carbohydrate; trace Dietary Fiber; 221mg Cholesterol; 827mg Sodium. Exchanges: 4 Lean Meat; 0 Vegetable; 0 Fruit; 1/2 Non-Fat Milk; 14 1/2 Fat.