
Easy Chicken Casserole

Mary Clark - Hudson's East Lansing

1993 United Way Cookbook Committee - Dayton's, Marshall Field and Hudson's Stores

Servings: 4

1 package (6 ounce) white and wild rice mix
1 can (10-3/4 ounce) cream of chicken soup
1 can (10-3/4 ounce) cream of mushroom soup
1 cup water
2 large whole chicken breasts, halved
1 envelope dry onion soup mix
margarine, melted

Preheat the oven to 325 degrees.

In a 9x13x2-inch casserole, combine the rice mix, canned soups and water.

Place the chicken breasts over the mixture. Sprinkle with the dry soup mix. Drizzle with margarine. Cover with foil.

Bake for one hour.

Chicken

Per Serving (excluding unknown items): 311 Calories; 17g Fat (52.0% calories from fat); 32g Protein; 5g Carbohydrate; trace Dietary Fiber; 96mg Cholesterol; 598mg Sodium. Exchanges: 1/2 Grain(Starch); 4 1/2 Lean Meat; 1 Fat.