

Poppy Seed Chicken III

Johnnie May Gassaway

Unitarian Universalist Fellowship of Vero Beach, FL 2000

*1 package boneless/
skinless chicken, cut into
small pieces
1 can cream of mushroom
soup
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soup
1 carton (8 ounce) sour
cream
2 teaspoons poppy seeds
1/4 stack Ritz crackers (or
corn flakes), crushed
butter*

Preheat the oven to 350 degrees.

In a bowl, mix together the chicken, mushroom soup, chicken soup, sour cream and poppy seeds. Place the mixture in a casserole dish.

Top with cracker crumbs and dot with butter.

Bake for 35 to 40 minutes.

Per Serving (excluding unknown items): 771 Calories; 67g Fat (77.5% calories from fat); 14g Protein; 30g Carbohydrate; 1g Dietary Fiber; 114mg Cholesterol; 2142mg Sodium. Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 1/2 Non-Fat Milk; 13 1/2 Fat.