

Super Chicken-Vegetable Casserole

Donna Rekstad - Little Falls, MN
Treasure Classics - National LP Gas Association - 1985

Servings: 8

butter

*1 chicken, boiled, boned,
cut in chunks*

*2 cans (10-3/4 ounce ea)
cream of chicken soup
seasoned salt (to taste)*

*1 bag California Blend
frozen vegetables*

*1/2 cup water or chicken
broth*

*1 can French fried onion
8 ounces cheddar cheese
1 cup Bisquick*

*1 egg
milk*

Preparation Time: 30 minutes

Bake Time: 45 minutes

In a bowl, mix the butter, chicken, soup, seasoned salt and vegetables. Pour into a greased 13x9-inch casserole dish. Top with the French fried onions and four ounces of grated cheese.

Bake for 10 minutes at 425 degrees. Reduce the heat to 350 degrees.

In a bowl, mix the Bisquick and egg with a little milk. Drop the dough on top of the casserole.

Bake for 25 minutes more.

Add the rest of the cheese and onions.

Bake for an additional 10 minutes.

(The California Blend vegetables are cauliflower, broccoli and carrots.)

Per Serving (excluding unknown items): 554 Calories; 41g Fat (67.8% calories from fat); 41g Protein; 3g Carbohydrate; trace Dietary Fiber; 228mg Cholesterol; 561mg Sodium. Exchanges: 0 Grain(Starch); 5 1/2 Lean Meat; 4 1/2 Fat.