

Apricot Chicken

Sonia S Taylor

Totland College Nursery School - Braintree, MA (1978)

*3 to 4 pound chicken
garlic salt or powder
6 to 8 ounce apricot
preserves
1 package onion soup mix
1 bottle Russian salad
dressing
1/2 cup water*

Preheat the oven to 350 degrees.

Season the chicken with garlic.

Bake, skin side down, for 45 minutes.

In a bowl, mix the preserves, soup mix, Russian dressing and water until well blended.

Coat the chicken with the mixture.

Bake, skin side up, for 30 minutes. Baste occasionally.

Per Serving (excluding unknown items): 11258 Calories; 827g Fat (67.1% calories from fat); 783g Protein; 128g Carbohydrate; 5g Dietary Fiber; 4120mg Cholesterol; 8795mg Sodium. Exchanges: 1 1/2 Grain(Starch); 108 1/2 Lean Meat; 98 Fat; 6 1/2 Other Carbohydrates.