Chicken Enchiladas II

Tim Hickel - Hudson's Eastland 1993 United Way Cookbook Committee - Dayton's, Marshall Field and Hudson's Stores

cup chopped onion
1/4 cup butter or margarine
1/4 cup flour
1/2 cups hot water
tablespoon instant chicken bouillon
carton (8 ounce) sour cream
cups cooked chicken, chopped
ounces (2 cups) shredded Cheddar cheese
can (4 ounce) chopped chilies, drained
teaspoon ground cumin
(eight inch) tortillas

Preheat the oven to 350 degrees.

In a saucepan, cook the onion in margarine until tender. Stir in the flour, hot water and bouillon. Cook and stir until the mixture boils. Boil and stir for 1 minute. Remove from the heat. Stir in the sour cream.

In a medium bowl, combine two cups of the sauce mixture with the chicken, one cup of cheese, the chilies and the cumin.

Place chicken mixture on each tortilla. Roll up, folding in the sides. Arrange in a greased 9x13x2-inch baking dish. Top with the remaining sauce and cheese.

Bake for about 25 minutes.

Yield: 6 to 8 servings

Chicken

Per Serving (excluding unknown items): 8029 Calories; 471g Fat (53.2% calories from fat); 474g Protein; 460g Carbohydrate; 26g Dietary Fiber; 1651mg Cholesterol; 10100mg Sodium. Exchanges: 28 Grain(Starch); 57 Lean Meat; 2 1/2 Vegetable; 1/2 Non-Fat Milk; 68 1/2 Fat.