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# Chicken Parmesan IV

*Evelyn Northmore*

*Nettles Island Cooking in Paradise - 2014*

**4 to 6 boneless chicken breasts**

**1 cup light Blue cheese salad dressing**

**1/2 cup fresh grated Parmesan cheese**

Cover both sides of the chicken breasts with Blue cheese dressing and then the parmesan cheese.

Bake for 50 to 60 minutes at 425 degrees.

(The chicken may also be grilled.)

## **Chicken**

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*Per Serving (excluding unknown items): 0 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 0g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 0mg Sodium. Exchanges: .*