Pancetta and Mushroom-Stuffed Chicken Breast

Ashley Levy - Clarksville, MD Taste of Home Magazine

Servings: 4

4 slices pancetta
1 tablespoon olive oil
1 shallot, finely chopped
3/4 cup fresh mushrooms, chopped
1/4 teaspoon salt, divided
1/4 teaspoon pepper, divided
4 (six ounce ea) boneless/ skinless
chicken breast halves
1/2 cup prepared pesto

Preparation Time: 15 minutes Bake Time: 30 minutes

Preheat the oven to 350 degrees.

In a large skillet, cook the pancetta over medium heat until partially cooked but not crisp. Drain on paper towels.

In the same skillet, heat the oil over mediumhigh heat. Add the shallot. Cook and stir until lightly browned, 1 to 2 minutes. Stir in the mushrooms. Cook until tender, 1 to 2 minutes. Add 1/8 teaspoon of salt and 1/8 teaspoon of pepper.

Pound the chicken breasts with a meat mallet to 1/4-inch thickness. Spread each with two tablespoons of pesto. Layer with one slice of pancetta and one-fourth of the mushroom mixture. Fold the chicken in half, enclosing the filling. Secure with toothpicks. Sprinkle with the remaining salt and pepper.

Transfer the breasts to a greased 13x9-inch baking dish.

Bake until a thermometer inserted in the chicken reads 165 degrees, 30 to 35 minutes. Discard the toothpicks.

Per Serving (excluding unknown items): 478 Calories; 22g Fat (43.5% calories from fat); 63g Protein; 2g Carbohydrate; trace Dietary Fiber; 159mg Cholesterol; 6246mg Sodium. Exchanges: 0 Grain(Starch); 9 Lean Meat; 0 Vegetable; 1/2 Fat.