Chicken

Chicken and Biscuits

Crock Pot: The Original Slow Cooker Oct 20010

Servings: 4 Preparation Time: 10 minutes

Cook time: 4 hours 30 minutes

4 Boneless, skinless chicken breasts, cut into bite-sized pieces

1 can (10 3/4oz) condensed cream of chicken soup

1 pkg (10 oz) frozen peas and carrots

1 pkg (7 1/2 oz) refrigerated biscuits

Place chicken pieces in slow cooker. Pour soup over chicken. Cover; cook on LOW four hours or until chicken is tender and no longer pink in center.

Stir in frozen vegetables. Cover and cook thirty minutes longer until vegetables are heated through.

Bake biscuits according to package directions. Spoon chicken and vegetable mixture over biscuits and serve.

Per Serving (excluding unknown items): 91 Calories; 5g Fat (45.9% calories from fat); 3g Protein; 10g Carbohydrate; 1g Dietary Fiber; 5mg Cholesterol; 590mg Sodium. Exchanges: 1/2 Grain(Starch); 1 Fat.