## **Chicken Calabasita**

Todd Littleton - Marshall Field's San Antonio 1993 United Way Cookbook Committee - Dayton's, Marshall Field and Hudson's Stores

- 2 tablespoons canola oil
- 2 1/2 to 3 pound chicken, skinned and cut into 8 pieces
- 6 calabasita squash, cut into one-inch chunks
- 6 green onions, chopped
- 1 green bell pepper, chopped
- 2 cans (12 ounce ea) whole kernel corn
- 1 can (10 ounce) chopped tomatoes with chilies
- 3 teaspoons salt
- 3 cloves garlic
- 2 teaspoons whole cumin

In an eight quart stockpot, heat the oil. Saute' the chicken pieces until almost done (about 35 to 40 minutes).

Add the squash, green onions, green pepper, corn, tomatoes and salt.

With a mortar and pestle, grind into paste the garlic and cumin. Add to the pot and gently stir the ingredients together.

Cook on medium-low heat until the squash is cooked to your taste.

## Chicken

Per Serving (excluding unknown items): 315 Calories; 28g Fat (75.2% calories from fat); 3g Protein; 17g Carbohydrate; 5g Dietary Fiber; 0mg Cholesterol; 6413mg Sodium. Exchanges: 3 Vegetable; 5 1/2 Fat.