

Desperation Dinner

Debbie Marrs

The Church of St. Michael and St. George - St. Louis, MO - 1985

Servings: 2

*2 chicken breast halves,
cubed*

1 cup salsa

1 cup beer

*1/4 cup sliced black olives
olive oil*

Saute' the chicken over medium-high heat in olive oil until almost cooked through. Add the salsa and beer to the skillet. Reduce the heat.

Simmer until the chicken is cooked through. Turn up the heat to reduce the sauce if necessary. Add the olives.

Serve over rice.

Per Serving (excluding unknown items): 354 Calories; 15g Fat (43.2% calories from fat); 32g Protein; 14g Carbohydrate; 3g Dietary Fiber; 93mg Cholesterol; 805mg Sodium. Exchanges: 4 1/2 Lean Meat; 1 1/2 Vegetable; 0 Fruit; 1/2 Fat.