

Bourbon Molasses Butter

Relish.com

Servings: 24

Yield: 1 cup

1/2 cup good-quality bourbon

1 tablespoon sugar

12 tablespoons (1.5 sticks) unsalted butter, room temperature

3 tablespoons molasses

pinch fine sea salt

In a small saucepan, combine the bourbon and sugar. Bring to a boil over high heat. Cook until reduced by half, about 5 minutes. Let cool.

Place the butter, molasses, salt and bourbon mixture into a food processor. Process until smooth. Scrape into a bowl. Cover with plastic wrap.

Refrigerate one to eight hours to allow the flavors to meld.

Remove from the refrigerator about 30 minutes before use to soften.

Per Serving (excluding unknown items): 415 Calories; 46g Fat (97.4% calories from fat); trace Protein; 2g Carbohydrate; 0g Dietary Fiber; 124mg Cholesterol; 7mg Sodium. Exchanges: 9 Fat; 0 Other Carbohydrates.

Sauces and Condiments

Per Serving Nutritional Analysis

Calories (kcal):	415
% Calories from Fat:	97.4%
% Calories from Carbohydrates:	2.2%
% Calories from Protein:	0.5%
Total Fat (g):	46g
Saturated Fat (g):	29g
Monounsaturated Fat (g):	13g
Polyunsaturated Fat (g):	2g
Cholesterol (mg):	124mg
Carbohydrate (g):	2g
Dietary Fiber (g):	0g

Vitamin B6 (mg):	trace
Vitamin B12 (mcg):	.1mcg
Thiamin B1 (mg):	trace
Riboflavin B2 (mg):	trace
Folacin (mcg):	2mcg
Niacin (mg):	trace
Caffeine (mg):	0mg
Alcohol (kcal):	0
% Refuse:	0.00%

Food Exchanges

Grain (Starch):	0
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Protein (g): trace
Sodium (mg): 7mg
Potassium (mg): 52mg
Calcium (mg): 19mg
Iron (mg): trace
Zinc (mg): trace
Vitamin C (mg): 0mg
Vitamin A (i.u.): 1734IU
Vitamin A (r.e.): 427 1/2RE

Lean Meat: 0
Vegetable: 0
Fruit: 0
Non-Fat Milk: 0
Fat: 9
Other Carbohydrates: 0

Nutrition Facts

Servings per Recipe: 24

Amount Per Serving

Calories 415 **Calories from Fat:** 404

% Daily Values*

Total Fat 46g 71%
Saturated Fat 29g 143%
Cholesterol 124mg 41%
Sodium 7mg 0%
Total Carbohydrates 2g 1%
Dietary Fiber 0g 0%
Protein trace

Vitamin A 35%
Vitamin C 0%
Calcium 2%
Iron 1%

* Percent Daily Values are based on a 2000 calorie diet.