

# Tiger Butter

*Delores Hustack*

*Beyond The Village Gate 1985 - Parmadale Community - Parma, Ohio*

*1 cup white chocolate, melted*  
*1/2 cup peanut butter, creamy or chunky*  
*1/2 cup milk chocolate, melted*

In a bowl, mix the white chocolate and peanut butter well.

Pour the mixture onto waxed paper.

Spoon the melted milk chocolate over the peanut butter mixture.

With a spatula, stir to marbelize.

Put in the freezer to set up.

Cut into squares.

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Per Serving (excluding unknown items): 2391 Calories; 172g Fat (59.6% calories from fat); 47g Protein; 216g Carbohydrate; 23g Dietary Fiber; 18mg Cholesterol; 709mg Sodium. Exchanges: 1 1/2 Grain(Starch); 4 Lean Meat; 32 Fat; 12 1/2 Other Carbohydrates.

Sauces and Condiments

## Per Serving Nutritional Analysis

Calories (kcal):	2391
% Calories from Fat:	59.6%
% Calories from Carbohydrates:	33.1%
% Calories from Protein:	7.3%
Total Fat (g):	172g
Saturated Fat (g):	76g
Monounsaturated Fat (g):	66g
Polyunsaturated Fat (g):	21g
Cholesterol (mg):	18mg
Carbohydrate (g):	216g

Vitamin B6 (mg):	.7mg
Vitamin B12 (mcg):	.3mcg
Thiamin B1 (mg):	.2mg
Riboflavin B2 (mg):	.9mg
Folacin (mcg):	108mcg
Niacin (mg):	19mg
Caffeine (mg):	178mg
Alcohol (kcal):	0
% Daily Value*	on on%

## Food Exchanges

Dietary Fiber (g): 23g  
 Protein (g): 47g  
 Sodium (mg): 709mg  
 Potassium (mg): 1872mg  
 Calcium (mg): 266mg  
 Iron (mg): 10mg  
 Zinc (mg): 8mg  
 Vitamin C (mg): trace  
 Vitamin A (i.u.): 203IU  
 Vitamin A (r.e.): 51 1/2RE

Grain (Starch): 1 1/2  
 Lean Meat: 4  
 Vegetable: 0  
 Fruit: 0  
 Non-Fat Milk: 0  
 Fat: 32  
 Other Carbohydrates: 12 1/2

## Nutrition Facts

### Amount Per Serving

**Calories** 2391                      Calories from Fat: 1425

### % Daily Values\*

<b>Total Fat</b>	172g	265%
Saturated Fat	76g	381%
<b>Cholesterol</b>	18mg	6%
<b>Sodium</b>	709mg	30%
<b>Total Carbohydrates</b>	216g	72%
Dietary Fiber	23g	94%
<b>Protein</b>	47g	
<b>Vitamin A</b>		4%
<b>Vitamin C</b>		1%
<b>Calcium</b>		27%
<b>Iron</b>		56%

\* Percent Daily Values are based on a 2000 calorie diet.