

Whipped Orange Butter

Eileen Barlock

Beyond The Village Gate 1985 - Parmadale Community - Parma, Ohio

Yield: 1 cup

1 cup butter, room temperature
1/2 teaspoon grated orange rind
2 teaspoons powdered sugar

In a bowl, whip the butter until fluffy.

Add the grated orange rind and the powdered sugar. Blend well.

Store in the refrigerator.

Per Serving (excluding unknown items): 1647 Calories; 184g Fat (98.3% calories from fat); 2g Protein; 5g Carbohydrate; trace Dietary Fiber; 497mg Cholesterol; 1873mg Sodium. Exchanges: 0 Fruit; 36 1/2 Fat; 1/2 Other Carbohydrates.

Sauces and Condiments

Per Serving Nutritional Analysis

Calories (kcal):	1647	Vitamin B6 (mg):	trace
% Calories from Fat:	98.3%	Vitamin B12 (mcg):	.3mcg
% Calories from Carbohydrates:	1.3%	Thiamin B1 (mg):	0mg
% Calories from Protein:	0.5%	Riboflavin B2 (mg):	.1mg
Total Fat (g):	184g	Folacin (mcg):	7mcg
Saturated Fat (g):	115g	Niacin (mg):	trace
Monounsaturated Fat (g):	53g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	7g	Alcohol (kcal):	0
Cholesterol (mg):	497mg	% Refuse:	0.0%
Carbohydrate (g):	5g	Food Exchanges	
Dietary Fiber (g):	trace	Grain (Starch):	0
Protein (g):	2g	Lean Meat:	0
Sodium (mg):	1873mg	Vegetable:	0
Potassium (mg):	61mg	Fruit:	0
Calcium (mg):	56mg	Non-Fat Milk:	0
Iron (mg):	trace	Fat:	36 1/2
Zinc (mg):	trace	Other Carbohydrates:	1/2

Vitamin C (mg): 1mg
Vitamin A (i.u.): 6940IU
Vitamin A (r.e.): 1717 1/2RE

Nutrition Facts

Amount Per Serving

Calories	1647	Calories from Fat: 1618
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% Daily Values*

Total Fat	184g	283%
Saturated Fat	115g	573%
Cholesterol	497mg	166%
Sodium	1873mg	78%
Total Carbohydrates	5g	2%
Dietary Fiber	trace	0%
Protein	2g	

Vitamin A	139%
Vitamin C	2%
Calcium	6%
Iron	2%

* Percent Daily Values are based on a 2000 calorie diet.