

Avocado Dressing

Del Frisco's Steakhouse - Dallas, TX

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2 large ripe avocados
1 cup sour cream
1 cup light cream
1 tablespoon grated onion
1 dash cayenne
1 teaspoon salt
2 cloves garlic, crushed
2 tablespoons lemon juice

Place all of the ingredients in a blender or food processor and blend until smooth.

Cover tightly with plastic wrap and refrigerate for a few hours.

Per Serving (excluding unknown items): 983 Calories; 95g Fat (84.7% calories from fat); 14g Protein; 24g Carbohydrate; trace Dietary Fiber; 261mg Cholesterol; 2351mg Sodium. Exchanges: 0 Grain(Starch); 1/2 Vegetable; 0 Fruit; 1/2 Non-Fat Milk; 19 Fat; 1/2 Other Carbohydrates.