
Avocado-Lime Sauce

Southern Living 2020 Annual Recipes

1 large avocado, chopped
3 tablespoons plain yogurt
2 tablespoons fresh lime juice
2 tablespoons fresh cilantro leaves
1/2 teaspoon Kosher salt

In the bowl of a food processor, place the avocado, yogurt, lime juice, cilantro leaves and Kosher salt.

Process until smooth, about 1 minute.

Condiments, Sauces

Per Serving (excluding unknown items): 361 Calories; 32g Fat (74.0% calories from fat); 6g Protein; 20g Carbohydrate; 5g Dietary Fiber; 6mg Cholesterol; 983mg Sodium. Exchanges: 1 Fruit; 0 Non-Fat Milk; 6 1/2 Fat; 0 Other Carbohydrates.