

Bacon Dressing

Mary L Frank

The Pennsylvania State Grange Cookbook (1992) Spinach Squares

Servings: 8

1 egg, beaten

1 1/2 cups sugar

1 cup vinegar

8 slices bacon

In a bowl, beat the egg with the sugar and vinegar. Chop the bacon into 3/8-inch pieces.

Chop the bacon into 3/8-inch pieces. Fry in a ten-inch skillet until crisp. Add the egg mixture. Bring to a boil, stirring constantly. Cook for 1 minute, stirring constantly.

Serve over salads or potatoes.

Per Serving (excluding unknown items): 195 Calories; 4g Fat (16.7% calories from fat); 3g Protein; 39g Carbohydrate; 0g Dietary Fiber; 32mg Cholesterol; 110mg Sodium. Exchanges: 1/2 Lean Meat; 1/2 Fat; 2 1/2 Other Carbohydrates.