

Basil-Orange Vinaigrette

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Yield: 1 1/3 cups

1/2 cup sweet orange marmalade
(such as Smucker's)

1/3 cup red wine vinegar

6 fresh basil leaves, torn

1 tablespoon grated fresh ginger

1 clove garlic, sliced

1/2 teaspoon Kosher salt

1/2 teaspoon freshly ground black
pepper

1/2 cup canola oil

In a blender or food processor, pulse the
marmalade, vinegar, basil, ginger, garlic, salt
and pepper until blended.

With the blender running, pour the canola oil
through the food chute in a slow steady stream.
Process until smooth.

Per Serving (excluding unknown
items): 983 Calories; 109g Fat
(97.3% calories from fat); trace
Protein; 6g Carbohydrate; trace
Dietary Fiber; 0mg Cholesterol;
942mg Sodium. Exchanges: 0
Grain(Starch); 0 Vegetable; 22 Fat;
1/2 Other Carbohydrates.

Sauces

Per Serving Nutritional Analysis

Calories (kcal):	983
% Calories from Fat:	97.3%
% Calories from Carbohydrates:	2.6%
% Calories from Protein:	0.1%
Total Fat (g):	109g
Saturated Fat (g):	8g
Monounsaturated Fat (g):	64g
Polyunsaturated Fat (g):	32g
Cholesterol (mg):	0mg
Carbohydrate (g):	6g
Dietary Fiber (g):	trace
Protein (g):	trace
Sodium (mg):	942mg

Vitamin B6 (mg):	trace
Vitamin B12 (mcg):	0mcg
Thiamin B1 (mg):	0mg
Riboflavin B2 (mg):	trace
Folacin (mcg):	2mcg
Niacin (mg):	trace
Caffeine (mg):	0mg
Alcohol (kcal):	0
% Daily Value*	on on%

Food Exchanges

Grain (Starch):	0
Lean Meat:	0
Vegetable:	0

Potassium (mg): 119mg
Calcium (mg): 19mg
Iron (mg): 1mg
Zinc (mg): trace
Vitamin C (mg): 2mg
Vitamin A (i.u.): 118IU
Vitamin A (r.e.): 12RE

Fruit: 0
Non-Fat Milk: 0
Fat: 22
Other Carbohydrates: 1/2

Nutrition Facts

Amount Per Serving

Calories 983 Calories from Fat: 956

% Daily Values*

Total Fat	109g	168%
Saturated Fat	8g	39%
Cholesterol	0mg	0%
Sodium	942mg	39%
Total Carbohydrates	6g	2%
Dietary Fiber	trace	2%
Protein	trace	
Vitamin A		2%
Vitamin C		3%
Calcium		2%
Iron		5%

* Percent Daily Values are based on a 2000 calorie diet.