

Sauces

Citrus and Honey Grilled Vegetable Dressing

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Grill Time:

1/4 cup balsamic vinegar

2 tablespoons orange juice

1 tablespoon honey

1 tablespoon snipped fresh basil

1/2 teaspoon dried oregano, crushed

In a small bowl, combine the vinegar, orange juice and honey. Whisk or beat with a fork until well blended. Stir in basil and oregano.

Drizzle over the vegetables.

Per Serving (excluding unknown items): 90 Calories; trace Fat (1.2% calories from fat); trace Protein; 25g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 2mg Sodium. Exchanges: 0 Grain(Starch); 1/2 Fruit; 0 Fat; 1 Other Carbohydrates.