
Pineapple Fruit Salad Dressing

Home Cookin - Junior League of Wichita Falls, TX - 1976

1 cup sugar
1 heaping tablespoon flour
pinch salt
1 egg, well beaten
juice of one lemon
1 cup pineapple juice

In a double boiler, cook the sugar, flour, salt, egg, lemon juice and pineapple juice until thick. Stir constantly.

Chill in the refrigerator.

Serve over chopped fresh fruits with marshmallows added.

Condiments, Sauces

Per Serving (excluding unknown items): 1443 Calories; 6g Fat (3.9% calories from fat); 20g Protein; 330g Carbohydrate; 4g Dietary Fiber; 212mg Cholesterol; 77mg Sodium. Exchanges: 6 1/2 Grain(Starch); 1 Lean Meat; 2 1/2 Fruit; 1/2 Fat; 13 1/2 Other Carbohydrates.