

Strawberry Dressing

Thelma V Snyder

The Pennsylvania State Grange Cookbook (1992) Spinach Squares

Yield: 2 1/2 cups

*1 package (10 ounce)
frozen strawberries, thawed
and drained
2/3 cup light mayonnaise
1 cup strawberry yogurt*

In a bowl, crush the strawberries. Add mayonnaise, stirring well. Fold in yogurt.

Chill, covered, for one hour.

Serve over honeydew wedges and strawberries.

Per Serving (excluding unknown items): 855 Calories; 38g Fat (38.3% calories from fat); 13g Protein; 126g Carbohydrate; 5g Dietary Fiber; 67mg Cholesterol; 929mg Sodium. Exchanges: 3 1/2 Fruit; 7 1/2 Fat; 4 1/2 Other Carbohydrates.