

Misc.

Strawberry Vinaigrette Dressing

Dear Abby

1 cup strawberries, washed and hulled

1 teaspoon sugar

1 tablespoon champagne vinegar

salt (to taste)

pepper (to taste)

2 tablespoons olive oil

In a bowl, combine berries, sugar and vinegar.

Chill 1 hour; then liquefy.

Add salt, pepper and olive oil. Blend.

Per Serving (excluding unknown items): 299 Calories; 27g Fat (80.1% calories from fat); 1g Protein; 15g Carbohydrate; 3g Dietary Fiber; 0mg Cholesterol; 2mg Sodium. Exchanges: 1/2 Fruit; 5 1/2 Fat; 1/2 Other Carbohydrates.