

Zucchini Marmalade

Favorite Recipes - Sacred Heart School - Easthampton, MA (1984)

*8 cups ground zucchini
5 cups sugar
1 can (16 ounces) crushed
pineapple, drained
1 whole orange, seeded
and ground
juice of two lemons*

Place all of the ingredients in a saucepan. Cook all together until thick.

Pour the mixture into hot , sterile jars. Seal.

Per Serving (excluding unknown items): 4082 Calories; trace Fat (0.1% calories from fat); 2g Protein; 1054g Carbohydrate; 5g Dietary Fiber; 0mg Cholesterol; 13mg Sodium. Exchanges: 3 1/2 Fruit; 67 Other Carbohydrates.