## **Five-Spice Ketchup**

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1 cup ketchup juice of one lime 2 teaspoons five-spice powder salt (to taste) pepper (to taste) In a bowl, mix the ingredients.

Refrigerate.

Per Serving (excluding unknown items): 250 Calories; 1g Fat (2.5% calories from fat); 4g Protein; 65g Carbohydrate; 3g Dietary Fiber; 0mg Cholesterol; 2846mg Sodium. Exchanges: 4 1/2 Other Carbohydrates.