

## Sauces

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# Spicy Peanut Ketchup

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**3/4 cup ketchup**

**1/3 cup creamy peanut butter**

**juice of one lime**

**1 teaspoon chile paste**

**1/4 teaspoon coriander**

**1/4 teaspoon smoked paprika**

**1/4 teaspoon cinnamon**

**1/4 teaspoon cayenne pepper**

In a bowl, combine all ingredients and mix well.

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Per Serving (excluding unknown items): 190 Calories; 1g Fat (2.9% calories from fat); 3g Protein; 50g Carbohydrate; 3g Dietary Fiber; 0mg Cholesterol; 2135mg Sodium. Exchanges: 0 Grain(Starch); 0 Vegetable; 0 Fat; 3 Other Carbohydrates.