Marinade New Mexico

Margaret Bachtel - Taos, NM Treasure Classics - National LP Gas Association - 1985

Yield: 1 1/2 cups

1/3 cup wine vinegar
1/4 cup ketchup
2 tablespoons cooking oil
2 tablespoons soy sauce
1 tablespoon
Worcestershire sauce
1 teaspoon mustard
1 teaspoon salt
1/4 teaspoon pepper
1/4 teaspoon garlic powder

Preparation Time: 5 minutes

In a bowl, combine all of the ingredients. Mix well.

Place in the refrigerator overnight.

Per Serving (excluding unknown items): 353 Calories; 28g Fat (66.5% calories from fat); 3g Protein; 28g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 5112mg Sodium. Exchanges: 0 Grain(Starch); 0 Lean Meat; 1/2 Vegetable; 5 1/2 Fat; 1 1/2 Other Carbohydrates.