

## **Dijon-Anchovy Mayo**

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Every Day with Rachael Ray Magazine - May 2012

**Preparation Time: 10 minutes**

**2 tablespoons fresh lemon juice**

**4 anchovies (packed in oil), chopped and mashed**

**2 teaspoons Dijon mustard**

**2 teaspoons honey**

**3/4 cup mayonnaise**

**coarse salt**

**freshly ground pepper**

In a medium bowl, whisk the lemon juice, anchovies, mustard and honey.

Gradually whisk in the mayonnaise.

Season with salt and pepper.

Yield: 1 cup

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Per Serving (excluding unknown items): 1241 Calories; 141g Fat (94.8% calories from fat); 2g Protein; 15g Carbohydrate; trace Dietary Fiber; 58mg Cholesterol; 1064mg Sodium. Exchanges: 0 Lean Meat; 0 Fruit; 12 Fat; 1 Other Carbohydrates.