

Sauces

Lemon-Basil Mayo

Dash Magazine

1 cup mayonaisse
13 basil leaves, chopped
1 teaspoon lemon juice
1 teaspoon olive oil
1 teaspoon garlic
salt and pepper (to taste)

Mix all ingredients in a bowl.

Mix well.

Per Serving (excluding unknown items): 47 Calories; 5g Fat (83.9% calories from fat); trace Protein; 2g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 0 Vegetable; 0 Fruit; 1 Fat.