

Sauces

Old Bay Mayo

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3/4 cup mayonnaise

zest of one lemon

juice of one lemon

1 teaspoon Old Bay seasoning

1 scallion, minced

4 drops hot pepper sauce

In a bowl, combine the mayonnaise, lemon zest and juice, Old Bay seasoning, scallion and hot sauce. Mix well.

Per Serving (excluding unknown items): 1188 Calories; 140g Fat (99.0% calories from fat); 2g Protein; 1g Carbohydrate; trace Dietary Fiber; 58mg Cholesterol; 951mg Sodium. Exchanges: 0 Vegetable; 12 Fat; 0 Other Carbohydrates.