

Sauces

Chipotle Sour Cream

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Preparation Time: 5 minutes

Start to Finish Time: 5 minutes

1/2 cup sour cream

1 chipotle pepper in adobo sauce, minced

pinch salt

Stir together the sour cream, chipotle pepper and salt.

Yield: 1/2 cup

Per Serving (excluding unknown items): 246 Calories; 24g Fat (86.4% calories from fat); 4g Protein; 5g Carbohydrate; 0g Dietary Fiber; 51mg Cholesterol; 61mg Sodium. Exchanges: 1/2 Non-Fat Milk; 5 Fat.