

Maui Mustard

Susan Seymour - Valatie, NY

Taste of Home Magazine

Servings: 6

*1 can (8 ounce) crushed pineapple,
well drained*

1 / 2 cup red pepper jelly

3 tablespoons stone-ground mustard

Preparation Time: 30 minutes**Cook Time: 5 minutes**

Mix together the pineapple, pepper jelly and stone-ground mustard.

Per Serving (excluding unknown items): 25 Calories; trace Fat (1.1% calories from fat); trace Protein; 7g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; trace Sodium. Exchanges: 1/2 Fruit.