

Bacon-Onion Relish

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3 slices bacon, diced

2 onions, sliced

salt (to taste)

pepper (to taste)

2 tablespoons parsley, chopped

In a skillet over medium heat, cook the bacon until crisp; remove from the pan and reserve.

Add the onions to the skillet. Season with salt and pepper.

Cook over low heat, covered, for 10 minutes.

Uncover and cook until golden, 30 additional minutes.

Stir in the parsley and bacon.

Per Serving (excluding unknown items): 196 Calories; 10g Fat (43.8% calories from fat); 9g Protein; 20g Carbohydrate; 4g Dietary Fiber; 16mg Cholesterol; 314mg Sodium. Exchanges: 1 Lean Meat; 3 1/2 Vegetable; 1 1/2 Fat.