

Olive Relish II

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1/2 cup pitted kalamata olives, chopped
1/2 cup plum tomato, peeled, seeded and chopped
2 tablespoons fresh basil, chopped
2 tablespoons extra-virgin olive oil
1 tablespoon capers
1 tablespoon fresh lemon juice
1/2 teaspoon freshly ground black pepper

Combine all of the ingredients in a small bowl. Mix well.

Yield: 12 tablespoons

Per Serving (excluding unknown items): 267 Calories; 27g Fat (89.1% calories from fat); 1g Protein; 6g Carbohydrate; 2g Dietary Fiber; 0mg Cholesterol; 87mg Sodium. Exchanges: 0 Grain(Starch); 1 Vegetable; 0 Fruit; 5 1/2 Fat; 0 Other Carbohydrates.