

Crazy Cake

*Canadian Mennonite Cookbook - 1974
D. W. Friesen & Sons Ltd*

*1/4 cup butter
1/2 cup syrup or honey
3 tablespoons cocoa
1 cup brown or white sugar
9 to 10 cups puffed wheat
cereal*

In a saucepan, mix the butter, syrup, cocoa and sugar. Boil from 2 to 3 minutes.

Add the puffed wheat. Mix well.

Place the mixture in a buttered baking pan.
Press down a little. Set aside to cool.

After 15 minutes, cut into squares.

Per Serving (excluding unknown items): 837 Calories; 49g Fat (49.3% calories from fat); 19g Protein; 95g Carbohydrate; 10g Dietary Fiber; 124mg Cholesterol; 476mg Sodium. Exchanges: 6 Grain(Starch); 0 Lean Meat; 9 1/2 Fat.