

Dried Fruit Truffles

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Servings: 12

*6 dried prunes, pitted
1/2 cup dried chopped
dates
1/2 cup golden raisins
1/4 cup walnut pieces
1 tablespoon clover honey
1/4 cup confectioner's sugar*

In the bowl of a food processor, combine the prunes, dates, raisins, walnuts and honey.

Pulse to coarsely chop and combine.

In a medium mixing bowl, place the confectioner's sugar.

Scoop the fruit mixture into twelve evenly sized balls. Roll until smooth.

Dredge each ball in sugar and coat well.

Chill until ready to serve.

Per Serving (excluding unknown items): 41 Calories; trace Fat (1.1% calories from fat); trace Protein; 11g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 1/2 Fruit; 0 Other Carbohydrates.