

# No Bake Coffee Banana Energy Bites

*Chef Linsey - Aldi Test Kitchen*  
*www.aldi.com*

*1 (1/2 cup) banana*  
*2 1/2 cups old fashioned*  
*oats*  
*2 tablespoons organic*  
*wildflower honey*  
*1/2 cup creamy almond*  
*butter*  
*4 tablespoons roasted*  
*coffee grounds*  
*1/2 cup semi-sweet mini*  
*morsels*  
*1/4 teaspoon ground*  
*cinnamon*

In a medium bowl, mash the banana until no lumps remain and it resembles a liquid.

Add the oats, honey, almond butter, coffee grounds, mini morsels and cinnamon. Mix until well blended. Refrigerate for 5 minutes.

Form into twenty-four portions. Roll into uniform balls. Refrigerate for an additional 20 minutes to set.

Keep refrigerated for up to one week.

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Per Serving (excluding unknown items): 108 Calories; 1g Fat (4.2% calories from fat); 1g Protein; 28g Carbohydrate; 3g Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 0 Grain(Starch); 1 1/2 Fruit; 0 Fat.