

Cocoa-Cola Cake

*Ladies Home Journal Delicious Desserts 2011
Meredith Corporation - Des Moines, IA*

Servings: 12

*2 cups all-purpose flour
2 cups sugar
1 cup butter
1 cup cola
2 tablespoons unsweetened cocoa powder
2 eggs, lightly beaten
1/2 cup buttermilk
1 teaspoon baking soda
1 teaspoon vanilla
2 cups miniature marshmallows
1 recipe Cocoa-Cola Frosting (see recipe under Desserts/Cakes)
1/2 cup chopped pecans, toasted*

Preparation Time: 40 minutes

Bake: 30 minutes

Preheat the oven to 350 degrees.

Grease a 13x9x2-inch baking pan. Set aside.

In a large bowl, stir together the flour and sugar. Set aside.

In a medium saucepan, combine the butter, cola and cocoa powder. Cook and stir over medium heat until the butter melts. Pour over the flour mixture. Add the eggs, buttermilk, baking soda and vanilla. Mix well. Stir in the marshmallows. Pour into the prepared baking pans.

Bake for 30 to 35 minutes or until a wooden toothpick inserted near the center comes out clean. Cool the cake in the pan on a wire rack. Spread the Cocoa-Cola Frosting over the cake. Sprinkle with pecans.

Per Serving (excluding unknown items): 419 Calories; 20g Fat (41.9% calories from fat); 4g Protein; 58g Carbohydrate; 1g Dietary Fiber; 77mg Cholesterol; 288mg Sodium. Exchanges: 1 Grain(Starch); 0 Lean Meat; 0 Non-Fat Milk; 4 Fat; 2 1/2 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	419	Vitamin B6 (mg):	trace
% Calories from Fat:	41.9%	Vitamin B12 (mcg):	.2mcg
% Calories from Carbohydrates:	54.1%	Thiamin B1 (mg):	.2mg

% Calories from Protein:	4.1%
Total Fat (g):	20g
Saturated Fat (g):	10g
Monounsaturated Fat (g):	7g
Polyunsaturated Fat (g):	2g
Cholesterol (mg):	77mg
Carbohydrate (g):	58g
Dietary Fiber (g):	1g
Protein (g):	4g
Sodium (mg):	288mg
Potassium (mg):	88mg
Calcium (mg):	29mg
Iron (mg):	1mg
Zinc (mg):	1mg
Vitamin C (mg):	trace
Vitamin A (i.u.):	629IU
Vitamin A (r.e.):	156RE

Riboflavin B2 (mg):	.2mg
Folacin (mcg):	39mcg
Niacin (mg):	1mg
Caffeine (mg):	4mg
Alcohol (kcal):	1
% Refuse:	n.n%

Food Exchanges

Grain (Starch):	1
Lean Meat:	0
Vegetable:	0
Fruit:	0
Non-Fat Milk:	0
Fat:	4
Other Carbohydrates:	2 1/2

Nutrition Facts

Servings per Recipe: 12

Amount Per Serving

Calories 419 **Calories from Fat:** 176

% Daily Values*

Total Fat 20g	31%
Saturated Fat 10g	51%
Cholesterol 77mg	26%
Sodium 288mg	12%
Total Carbohydrates 58g	19%
Dietary Fiber 1g	5%
Protein 4g	
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Vitamin A	13%
Vitamin C	0%
Calcium	3%
Iron	8%

* Percent Daily Values are based on a 2000 calorie diet.