

Fluffy Icing

*Canadian Mennonite Cookbook - 1974
D. W. Friesen & Sons Ltd.*

*1 cup confectioner's sugar,
sifted
1 egg white
1/4 cup milk
3 tablespoons cocoa
1/2 teaspoon almond or
vanilla extract
1 tablespoon butter,
softened
dash salt*

Combine all of the ingredients in a bowl.

Beat until creamy.

Per Serving (excluding unknown items): 660 Calories; 16g Fat (20.3% calories from fat); 9g Protein; 131g Carbohydrate; 5g Dietary Fiber; 39mg Cholesterol; 206mg Sodium. Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 0 Non-Fat Milk; 3 Fat; 8 Other Carbohydrates.