
Cherries Cabernet

The Windsor Family Cookbook

Windsor Vineyards - Windsor, CA

2 pounds cherries, halved and pitted

1 cup fresh orange juice

1/2 teaspoon cinnamon

1/2 teaspoon orange peel, slivered

1/2 teaspoon fresh ginger, minced

3 tablespoons honey

2 teaspoons lemon juice

1 tablespoon fresh mint, minced

1 cup Cabernet Sauvignon

In a bowl, mix all of the ingredients.

Cover and chill.

Serve cold. Garnish with whole cherries or a mint sprig.

Yield: 4 to 6 servings

Per Serving (excluding unknown items): 902 Calories; 5g Fat (5.0% calories from fat); 11g Protein; 185g Carbohydrate; 16g Dietary Fiber; 0mg Cholesterol; 167mg Sodium. Exchanges: 0 Grain(Starch); 0 Vegetable; 11 Fruit; 0 Fat; 3 1/2 Other Carbohydrates.